

## **Covid Guidelines**

**TESTING POSITIVE:** If a person tests positive they would be “out” for 5 days.. They would be allowed to return on Day 6 WITHOUT TESTING but would be required to observe “strict masking” for days 6-10. This means wearing a close-fitting mask while in school AND while taking part in activities (practice and competition). If it is not possible to wear a mask while taking part in activities they may not take part in activities for those days. If wearing a mask is refused the full ten days of isolation must be observed.

**CLOSE CONTACT DEFINITION:** Anyone who was within 6 feet of an infected person for a total of 15 minutes or more over a 24 hour period. (example: 3 separate 5 minute exposures for a total of 15 minutes)

**HOUSEHOLD FAMILY CLOSE CONTACT IF SUSCEPTIBLE\*:** A 5-day at-home quarantine is required and allowed to return on Day 6. An antigen or PCR test is required to return on day 6 & again after day 10. If the results are negative the quarantine is ended. If the test is positive there is an additional 5 days of quarantine, but can return on day 6 without testing if symptoms are decreasing and fever free and strict masking is required. If any new symptoms arise during the 15-day time period, it is recommended that the person stay in home quarantine and get tested.

**Testing to allow return on Day 6 is to be done at the Test Center and prior to going to school. Testing after Day 6 can/will be done in the schools.**

**FAMILY CLOSE CONTACT IF FULLY VACCINATED:** NO quarantine is required, but it is RECOMMENDED that the close contact be tested in between days 3 and 5 and again between days 7 and 10. If they test positive, they would be 5 days out and return on day 6 with no test, but strict masking required for days 6-10.

### **When does the “Day Clock’ start?”**

If a person who tests positive has symptoms, Day 0 is the date symptoms started.

If a person without symptoms tests positive, Day 0 is the date of the positive test.

#### **\*Persons considered SUSCEPTIBLE to contracting COVID-19 includes:**

1. Persons over age 18 who are not up-to-date on recommended COVID-19 vaccines (have not received the boosters)
2. Unvaccinated or not fully vaccinated persons
3. Persons who do NOT have evidence of recent COVID-19 infection in the last 90 days.

**Please contact the USD 320 Testing Center to confirm testing & quarantine dates. The Testing Center is open Mon-Fri from 7:30 a.m. - Noon and by appointment in the afternoon. 785-458-7533**