



Wamego High School



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DATE: September 28, 2011

TO: Athletic Directors, Coaches, Runners and Fans

FROM: Mark Stephan, Wamego High School Athletic Director
Rick Patton, Wamego High School Cross Country Coach

RE: 1-2-&-4A
2011 KSHSAA State Cross Country Meet
Wamego Country Club
Wamego, Kansas
October 29, 2011

Congratulations! Wamego High School and the City of Wamego welcome you to the 2011 State Cross Country Meet. We hope your time here is an enjoyable experience. The following information should be helpful to you.

<u>CLASS</u>	<u>RACE TIME</u>	<u>AWARDS TIME</u>
4A Girls	10:00 AM	12:30 PM
2A Boys	10:30 AM	1:00 PM
1A Girls	11:00 AM	1:30 PM
4A Boys	11:30 AM	12:45 PM
2A Girls	12:00 PM	1:15 PM
1A Boys	12:30 PM	1:45 PM

Coaches meeting: There will be a short coaches meeting right before the start of each race. The coaches will be called forward for that meeting.

Course: The following link will take you to the map of the state race course. Scroll to the bottom of previous years' state results to locate the course map.

<http://www.usd320.com/HighSchool/Activities/CrossCountry/State.aspx>

To see an aerial view of the golf course, go to the link that follows. The picture is at the bottom of the page below the 2011 schedule.

<http://www.usd320.com/HighSchool/Activities/CrossCountry/default.aspx>

The course will **NOT** be available for preview or warm-up on Friday, October 28th. This is at the request of the Wamego Country Club. Thanks for your understanding and cooperation on this.

Admission: The admission price will be **\$6.00 for students K-12 and \$7.00 for adults**. This price is set by KSHSAA.

Pass Gate: Two coaches and one manager will be admitted free of charge at the pass gate. The competitors will be honored at the same pass gate. The superintendent, principal and athletic directors are asked to sign the pass list at the pass gate.

T-shirt: Championship T-shirts will be available at a table near the concession stand. They will be 100% preshrunk heavy weight cotton.

Short Sleeve T-Shirt: Small – X-Large \$15.00, & XX-Large \$17.00.

Long Sleeve T- Shirt: Small – X-Large \$18.00 & XX Large - \$19.00.

Hooded Sweatshirts: Small – X-Large \$25.00 & XX-Large \$26.00.

*******Coaches and A.D.'s:** If you wish to purchase a number of shirts for your team, you may contact me ahead of the meet with number of each type of shirt and sizes. We will have them bagged for you at the shirt stand. Make your check payable to "**Sunflower Marketing**". We will only provide this service to schools, not individuals. The preferred method of contact is by e-mail: stephanm@usd320.com I will reply back to confirm that I've received your advanced order.

No advance shirt orders will be taken after 3:00 pm on Thursday, October 27th.

Dressing: Dressing rooms and showers **will not be available**. The restrooms at the entrance to the stadium will be open for your use.

Parking: All buses, vans, and cars will be parked in the Wamego Sports Complex parking lot directly across from the Golf Course. We ask that all buses and/or school vehicles park at the south end of the lot as close to the football stadium as possible. Please do not park on Highway 24 or along Columbian Road.

The past two years, we provided a shuttle service from the high school parking lot (in town) out to and back from the cross country meet. We'll not be providing the service this year since 3A races have been moved to Rim Rock in Lawrence.

Scoring: On each runner's bib number, there will be a corresponding number and bar code. These are scanned in order of placing to determine individual and team placings. The quick score method will be used as a backup. All team runners will be given numbers. Coaches, please put your numbers inside your packets and turn them in to the white trailer located north of the main tent as soon as possible. If you have a runner that does not finish and that puts you below a full team, please inform the ladies in the white trailer so they can make the proper adjustment. It is in your best interest to do this promptly, so as to avoid prolonging the team score configuration. Thank you for your support on this issue. **Results posted on the board using the quick score method are only preliminary, not final results.**

Results: Coaches will be able to pick up race results 30 to 40 minutes after the end of each race. There will be a slip in each team packet for coaches to turn in and receive race results. The race results will be located at a table under the concession stand canopy just inside the stadium where awards will be presented. **All race results will be posted on the following location by 3:00 PM Saturday afternoon:** <http://www.usd320.com/HighSchool/Activities/CrossCountry/State.aspx>

We will still use the quick score method as a back up. (Coaches with full teams only, turn in your quick score packets to the ladies in the white trailer immediately after the race.)

Parents and Fans: Parents and other fans **WILL NOT** be allowed near the finish line/tent area. People working in the tent will only field questions or concerns from coaches, not parents. People other than coaches will be escorted away from the area. Coaches please share this with your parents. Thank you.

Pets: Please do not bring pets onto the cross-country race area or golf course. Our admissions attendants will not allow anyone to enter with animals other than ones required for handicapped assistance.

Awards Location: The awards presentations will be inside the sport complex stadium, to take advantage of the permanent sound system as well as the stadium seating to allow all a clear view of the individuals and teams as they receive their awards.

Awards: The top 20 individuals will be awarded medals. (Please explain to your runners that although they may receive, for example, an 18 on their team scorecard they receive at the top of the chute, they may not medal because there may be individual runners ahead of them.) The top 3 teams from each race will receive trophies and team medals. Please pay attention to the award times!

Note: The award times are scheduled to begin 30 minutes following the completion of the last race in each class. Each race is allotted 30 minutes. This format allows the coaches to have all their runners done for the day as well as allowing both boys and girls from the same school to be present for the award presentations. **No class level awards (i.e. 2A) will start until after both boys and girls races are completed and time is allowed to walk from the course to the stadium in order that team members, coaches, and fans can be a part of the awards ceremony.**

Times: Times will be given at the 1-mile and 2-mile marks.

Course markings: A white paint line will mark the entire course. If we have inclement weather, the runners will always run between the red flag markers. ***** Coaches/runners are not allowed to place flags or any other markers on the race course. *****

Course Inspectors: Inspectors will be stationed around the course for the purpose of identifying any runner who might intentionally take advantage by cutting or performing any unsportsmanlike act to interfere with other runners. **Any runner performing an unsportsmanlike act shall be disqualified.**

Restrooms: There will be 8 portable restrooms (Johnny's on the job) located right across from the golf course entrance and 2 restrooms in the stadium. (Please note it will take you 5 minutes to walk to and from the restrooms in the stadium). **We will place 2 portable restrooms just outside the district bus lot directly west of the starting chutes. These can be used by anyone, but runners should be given the opportunity to go to the front of the line if their race is starting soon.**

Rules Committee: The rules committee will be made up of three coaches from each respective class who will be contacted ahead of the meet date by Rick Patton. If the rules committee is needed, those coaches will be called to the white trailer north of the finish line tent.

Chute: There will be approximately 30 volunteer workers inside the chute. The head chute judge will determine the order of the finish. This will NOT be changed. We have two backup systems to ensure runners are kept in the correct order once they are walked through the chute.

Picking up Information: WHS Cheerleaders will be handling out packets of information for all participating schools. They will include everything you will need including bib numbers and pins. If you need more pins, come to the finish line/tent area and ask for more. These packets will be located right inside the entrance gate.

Uniform rules: Coaches, please, **PLEASE**, double check and triple check your athletes on the uniform rules before your athletes run. We don't want any runner to be disqualified. Our clerk lining up runners in the chutes will be checking for uniform violations as well. Please give the clerk your school's "Sportsmanship & Legal Uniform" card during check-in at the chutes.

Concessions: There will be a concession stand set up inside the golf course admissions area north of the finish tent and another concession stand at the stadium where the awards will be presented.

Area Motels: Wamego has two local motels:

Simmer Motel (785-456-2304) 1215 W. Hwy 24 www.simmermotel.com

Wamego Inn and Suites (785-458-8888) Hwy 24 & Lilac Street. <http://wamegoinn.com/>

Manhattan has a number of motels on the east side of town within 12 miles of Wamego:
<http://www.manhattancyb.org/index.asp?nid=28>

Area Restaurants: Wamego has the following eating establishments:

Concessions at the State Cross Country Meet
Barleycorn's Deli – 410 Lincoln
La Hacienda - 1705 Commercial Circle
Dyers IGA Deli- 1003 Highway 24
The Friendly Cooker- 520 Lincoln Street
Friendship House- 507 Ash Street
Gambino's Pizza- 1401 W. Highway 24
Imperial Palace (buffet)- 1701 Commercial Circle
Kreem Kup Drive-In- 601 E. Highway 24
McDonalds- 701 Highway 24
Pizza Hut- West Highway 24
Rambler's Steak House- 404 Elm Street
Sonic Drive-In- 1001 Lincoln Street
Subway- 807 Highway 24
Toto's Tacoz- 515 Lincoln Street
The Pit (Barbeque) 517 Lincoln Street

Any questions please feel free to contact our office at 785-456-2214.

Mark Stephan- AD, Wamego High School